



**Health Services**  
**Health Checklist for Students Entering 7<sup>th</sup> Grade**

**Please return the following documents to the Health Office when completed:**

- Copy of current immunization record
- Copy of the physical exam
- Asthma and Allergy Action Plan (if applicable)
- Health care provider order(s) for any medication to be given at school (includes over-the-counter), if applicable
- Other emergency care plan or procedure plans, such as, provider orders for diabetic care, Seizure Action Plan, g-tube feeding, etc. (if applicable)
- Note from dental provider with date of last dental exam

**Important Tips/Dates:**

- ✓ Make an appointment for your child's entering 7<sup>th</sup> grade physical exam after **March 1<sup>st</sup>**
- ✓ Take this checklist with you to the appointment. Ask your child's health care provider to make a copy of your child's entering 7<sup>th</sup> grade physical exam, immunization record, any emergency health care plans (as needed for life-threatening conditions), and any order for medications or procedures to be dispensed/done at school
- ✓ Return all copies of health information to the Health Office prior to the start of the school year OR have your health care provider fax records to school – Attention: School Nurse
- ✓ The Nebraska Department of Health and Human Services requires your child have proof of immunizations and a physical on file at school.
- ✓ A complete dental check-up is strongly encouraged at this time - please ask your child's dentist to send a brief note stating your child has been seen

***Please visit with the school nurse if assistance with resources is needed***

The health and safety of your child is our top priority