



7th Grade Students – According to Nebraska State Law, all 7th grade students must have a physical exam and updated immunizations done BEFORE starting school in August. Please call your child’s health care provider or contact a School Based Health Center (included below) as soon as possible- appointments fill up quickly. Paperwork can be turned in by mail, fax, email, or dropped off in the main office prior to the start of school or at Back-to-School Night. 7th grade students may not attend school until the school nurse has received either an appointment date or the proof of updated immunizations and physical exam.

*If a student is playing sports, the physical exam qualifies as the sports physical.

8th Grade Students – All 8th grade students who will be participating in a sport will need a sports physical completed before they can participate.

School Based Health Centers:

- Indian Hill Elementary - 3121 U Street, 402-933-4968
- Buena Vista High School - 5616 L Street, 402-952-4050
- Spring Lake Magnet Elementary - 1001 Fort Crook Road N, Suite 250, 402-932-7014
- Liberty Elementary - 2021 Saint Mary’s Ave., 402-505-8180
- Bryan High School - 4700 Giles Road, 402-991-3904
- Kellom Elementary - 1311 N. 24th Street, 402-505-5451
- King Science & Technology Magnet - 3720 Florence Blvd., 402-502-5644
- Belvedere Elementary - 3775 Curtis Ave., 402-932-1232
- Northwest High School - 8204 Crown Point Ave., 402-916-5964

Friendly Reminder

When a student is feeling ill, school protocol requires the student to report to the health office before contacting their parent/guardian. The health office staff will follow guidelines for when to send a student home and will contact the parent/guardian if it is deemed necessary.

Please keep your child home if they are ill with a fever of 100.4 or greater, vomiting, or diarrhea.

If your student is ill and will miss school, please contact the School Attendance Office at 531-299-2400, option 2, or email LCattendance@ops.org