**Omaha Public Schools – Human Growth and Development Opt Out Form**

**Middle School – Grade 8**

In 2016 the Board of Education of the Omaha Public Schools District approved updated content standards for Human Growth and Development for grades 4th – 8th and 10th. The Board of Education provides parents and guardians the opportunity to “opt” their child out of individual lessons taught or the entire course. All students are enrolled in Human Growth & Development at middle school unless indicated below. If you have any questions about the lessons, please contact your child’s Human Growth teacher. Please return this form to the school counselor. **Please return this form to the school counselor if you are opting your child out of the course or opting your child out of a content standard or topic.**

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| **Content Standards** | **Please sign your full name to opt your student out of any specific content.** |
| I wish to “opt” my child out of the entire Human Growth & Development Course. |  |
| 1. Explain the impact of self-perceptions on actions. (2 days) |  |
| 1. Describe how to promote safety, respect, awareness and acceptance for all. (1 day) Sexual Orientation and Gender Identity |  |
| 1. Express the importance of having hope and a growth mindset in your life. (4 days) |  |
| 1. Use the decision-making process to solve real life problems. (2 days) |  |
| 1. Practice healthy communication skills. (5 days) |  |
| 1. Analyze healthy relationships in families, friendships and dating. (5 days) |  |
| 1. Compare the similarities and differences between sexual harassment, sexual assault and sexual abuse. (5 days) |  |
| 1. Explain the dangers of drug use on the body and mind. (8 days) |  |
| 1. Explain the physical, sociological and emotional changes that occur during puberty. (1 day) |  |
| 1. Explain the benefits of sexual abstinence. (2 days) |  |
| 1. Describe the human reproduction process. (1 day) |  |
| 1. Describe methods of contraception. (1 day) |  |
| 1. Describe possible life consequences often faced by teen parents. (1 day) |  |
| 1. Explain how to prevent the spread of sexually transmitted diseases. (2 days) |  |
| 1. Explain the current status of Nebraska Law. |  |

Student’s name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Student Number \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

School: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

School Year: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Parent/Guardian Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

I am opting my child out of Human Growth & Development Course because:

* Scheduling Conflict
* Family Decision

**If this form is not returned, your child is enrolled in the Human Growth and Development.**