

# MEET THE counselor

## Ms. Mariah Stanek

### WELCOME

My name is Ms. Stanek and I have been the counselor at Florence Elementary since 2020. I consider my role as a school counselor, supporting students, families, and Florence community a joy and privilege.

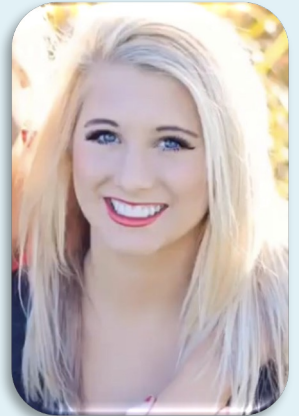
### CONTACT

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### ALL ABOUT ME

I grew up in Sioux City, IA and moved to Omaha NE in 2019. I received my Masters in Counseling / Psychology Education with a specialization in School Counseling K-12 at the University of South Dakota. My favorite thing about being a school counselor is being able to get to know my students, colleagues, and their families. I am so excited to continue to work as a Florence Fox.



### ROLE OF THE SCHOOL COUNSELOR

- Individual Counseling
- Classroom Lessons
- Group Counseling
- Social Skills
- Social, Emotional, and Behavior
- Goal Setting
- Conflict Resolution
- Community Resource Referrals
- Collaboration with teachers, administration, and parents.