



## Countdown to the First Day!

### AUGUST 3<sup>rd</sup> – 7<sup>th</sup>

- **Memorize Lunch Account Number**—Help your child memorize their student identification number for lunch time and computer use. This number was assigned to your child upon entering O.P.S. and appears on mailing labels and report cards. If you do not know your child's number, please contact the Buffett office secretary at 561-6160.
- **Practice Opening Locks**—Have your child practice opening a combination lock whenever they are bored or riding in the car.
- **Write "Odd" and "Even" days on the Calendar**—Beginning with August 1<sup>st</sup>, write the words "EVEN" and "ODD" on each day of your August calendar. The first day of school, August 17<sup>th</sup> is considered "DAY ONE" or an "ODD DAY." To ease confusion for new students, remember "Odd Days" may not match "odd" numbered dates on the calendar! An "Odd Day" simply means that students attend only their "odd – numbered" classes (blocks 1-3-5-7 and of course Homeroom, which meets daily). "Even Days" simply mean that students attend only their "even – numbered" classes (blocks 2-4-6-8 and Homeroom). To give the "Odd" and "Even" days in August more meaning, parents may assign specific chores for Odd days and others for Even days. For example, emptying the dishwasher on Odd days and taking out the trash on Even days. This will allow students to adjust their thinking prior to the first day of school.
- **Keep Skills Fresh**—Have your child read a minimum of 30 minutes every day throughout the year. Keep library books, newspapers, and magazines readily available.

### AUGUST 10<sup>th</sup> – 14<sup>th</sup>

- **Practice Writing Things Down**—Your child will be expected to write down their assignments in their Bobcat Student Planner, or Agenda during every class, every day. To practice this skill, assist your child in making a "Daily to Do List." Have them highlight those with great importance and check off items as they are completed.
- **Practice Bedtime & Morning Routine**—One week prior to school starting, have your child get into the routine of setting their clothes and belongings out the night before. Also use the same bed-time and wake-up time as when school starts. Your child will be more alert the week school begins!
- **Attend Fall Orientation**—A few days before school starts have your child practice opening and organizing their school locker. Assist your child in locating all of their classes and meeting their teachers.
- **Practice Route to and from School or Bus Stop**—The weekend before school starts, discuss personal safety procedures as you practice routes.