

Program Philsophy

1. With HEART and DISCIPLINE we will be in better shape and have greater mental toughness than our opponents.
2. We will be positive influences on and off the court and have a sense of pride in Omaha North High School.

Questions/Concerns?

If you have any questions or concerns for the coaches, please don't hesitate to contact Coach Havelka at 981-6329 or email him at andy.havelka@ops.org.

Schedule Changes

Due to the weather, a few games have been postponed. Below is a list a 2 schedule changes. If you would like your own copy of the updated game schedule, it canbe found at our website: <http://www.ops.org/high/north/>. On the right side, click on [Master Calendar of Events] to view the schedules of all activities at North High School.

* Varsity @ Millard South postponed to Tuesday, January 20th

* JV/Reserve vs. Millard North postponed to Tuesday, February 10th

Practice Schedule

Attached to the newsletter is a copy of the January/February master calendar. This can also be found on our school website on the girl's basketball page. If your daughter is unable to attend a practice for any reason, please call one of the coaches or the main office in advance.

Shoes/Clothes Order

There a still a few girls who have not paid their remaining balance for their team shoes/clothes order. Please make arrangements immediately with Coach Havelka to pay the remaining balance and to get your items. I will be returning all unpaid shoes and travel pants at the end of this month. Any unpaid travel jackets with embroidered names will be kept and a fine will be placed on the players student account in the North High treasurer's office.

Team Dinner

Interested in hosting a team building dinner? We are always looking for ways to build chemistry among team members. One way would be for you to host a team dinner at your house. These can be done for any of the teams and are great to do the night before they play a game. If you are interested, please let Coach Havelka know.

Varsity Update

The Varsity team is off to a 1-5 start. After a close loss to rival Central, the girls bounced back with a 60-21 victory over Omaha South where all 12 varsity players scored. Through 6 games, sophomore Sydney Young leads the team in scoring with 10 points a game, senior Bre'Ann Ford leads the team in rebounding with 6.7 a game, and sophomore Tai'Ler Warren leads the team with 2.5 steals a game. Since our tough 3 point loss to Omaha Burke in the Metro Holiday Tournament, the JV/Varsity team has strung together 3 great practices and is continuing to improve as a team. With some new wrinkles on defense and improvement on our shooting, the Lady Vikes continue to get better and better. The next test for the Lady Vikes will be the schedule, playing 6 games in the next 2 weeks due to weather postponements.



JV Update

The JV team is off to a 3-3 record and just won third place at the annual Northwest Tournament after beating Benson for the first time in the current coaching tenure. To celebrate the win, many members of the team celebrated on New Years Day with a pizza party. Our team looks to build upon our early success and learn better defensive strategies to make us unbeatable. Go Lady Vikes!

Reserve Update

The reserve season started with a tough game played against Central High School. The game was played in two halves. Our official record may indicated 0-1, however the team played very well the second half and our record should reflect 1-1. I am very excited for the season because the team grows at every practice. The next Reserve game will be Wednesday, January 14th at Omaha Marian at 4:30 pm.

Freshmen Update

The Freshman girls basketball team started the season with a tough loss to Omaha Central, however the lady Vikings were able to win the next three in a row. The Freshman girls defeated Omaha South, Millard South, and St. Peter Claver. The girls have really improved on the defensive end, and just went 2-1 at the Holiday Freshman Invite at Omaha Benson, beating Omaha Burke and Omaha Bryan. The Freshmen team is back in action on Saturday January 10th vs. Millard North at 9:30 am.

Meet the Lady Vikings

Every month, we interview one member of the team. This month, spend some time getting to know sophomore Kiki McCraw.

Q: How did finals go?

A: They went pretty good. Most of them were pretty hard, especially English.

Q: What is the biggest difference between playing in JV games and playing in Varsity games?

A: In Varsity games, I am nervous and in JV games I have more confidence.

Q: How will that change over the course of the season?

A: The more I play and practice with the varsity, the more confidence I will get and less nervous I will be.

Q: Do you have any family traditions over the holidays?

A: New Years Day our family gets together and our aunt's house and celebrates with a big dinner. We all stand around the table and talk about how we can change for the next year and what our goals are.

Lady Vikes Booster Club

For those parents that signed up as members of our Booster Club, thanks for helping get the club underway. We really need to make a push in talking to area business leaders and asking them for a sponsorship. Letters to businesses asking for a sponsorship can be found on our team website, <http://www.ops.org/high/north/Athletics/IndividualSportPages/BasketballGirls/tabid/303/Default.aspx>. We are also selling t-shirts and car decals at home games, so if you are interested in helping out and being more active, please contact Leon White at 707-3825 or Coach Havelka. For those parents that either did not sign up or could not make the first parent meeting, please contact Leon about signing up for the booster club. This serves as a great way to stay involved in your daughters basketball program. Again, if you have any thoughts about how to make the Booster Club better or if you would like to take a more active roll, please contact our president Leon White at 707-3825 or Coach Havelka.

Want More Information?

If you are interested in seeing the newsletter online, season statistics, and our team schedules, you can visit our team webpage at the following website:

<http://www.ops.org/high/north/Athletics/IndividualSportPages/BasketballGirls/tabid/303/Default.aspx>